Signal Health Group Hospice
Las Vegas, Nevada
Patient Safety Plan-Fall Prevention

Step 1: Warning signs that may lead to a fall:

1. Unsteady gait during ambulation or transfers
2. Cognitive deficit
3. Patient is on medications such as: diuretics, sedatives, opioids
4. Environment with trip hazards

Step 2: Strategies to prevent falls:

1. Use of assistive devices (walker, cane, scooter)
2. Close observation of the patient with cognitive deficit
3. Low beds/ fall mats
4. Observe/ monitor administration of medications
5. Place personal items within close reach
6. Clear pathways of hazards

Step 3: People whom can I ask for help:

1. Family member: Phone:
2. Friend: Phone:

Step 4: Professionals or agencies I can contact if I feel like I am not safe to walk:

1. Clinician: Hospice nurse on call 24/7 Phone:
2. Facility staff if applicable

Step 5: Making the environment safe:

1. Remove all trip hazards
2. Be sure to take medications as ordered
3. Call for help when in doubt!